

CHALLENGE 10

BAT OR BOWL LIKE YOUR HERO!

We challenge you to pick one of your favourite players and play like them!

Your task is to create a video of you playing like your hero. You don't need any equipment to take part, if you don't have a bat, see what else you can use!

Are you going to bowl like Lasith Malinga, smash it like Chris Gayle, fidget like Steve Smith or spin it like Shane Warne? If you are stuck for ideas, watch these videos to help.

Mark Nicholas imitates some of the game's greats - www.bit.ly/2Z9485y

Sky Sports masterclasses with Murali, Steve Smith, Jos Buttler and more - www.bit.ly/2NvAdz5

Once your video is complete here's what you can do:

- Post it on social media using the hashtag #couchcricket
- Send it directly to your Wicketz coach
- Email it to contact@lordstaverners.org