

REVERSE RUNNING RECORD ATTEMPT

ARE YOU A SCHOOL/
CLUB/GROUP AND
WOULD LIKE TO BE PART
OF A NATIONWIDE
FUNDRAISING CHALLENGE
TO CELEBRATE COMING
OUT OF LOCKDOWN?



BE PART OF THIS AMAZING EVENT TAKING PLACE ON FRIDAY 8 OCTOBER (OR ON A DATE THAT SUITS YOU) AND RAISE MONEY FOR DISADVANTAGED AND DISABLED YOUNG PEOPLE

All you have to do is take on an everyday activity - but in reverse. So that could be running, walking or wearing your clothes back to front.

Throughout Lockdown, the Lord's Taverners and The Change Foundation have been working hard to support disadvantaged and disabled young people across the UK.

Our work to improve the physical and mental health of these young people has never been more challenging or more important. But as we come out of lockdown, we are asking schools clubs and groups to take on a challenge of their own to support some of the hardest hit children in the country.

As part of this record attempt, Michael Ferndale, a supporter of both charities will be running in reverse for **five** marathon distances of 26.2 miles in **five** different countries!

We want this challenge to be fully inclusive, so all children are encouraged to join in in a way that suits them.

HOW TO GET INVOLVED

- Register your school for the challenge via the below details and we will get in contact
- Choose your reverse challenge
- Encourage children to donate £1 to take part
- Share videos and pictures of your pupils taking part via @lordstaverners or @ChangeFdn

Can you help us move forwards by going in reverse?

To register visit: www.surveymonkey.co.uk/r/5BSQ7FB or

CLICK HERE



LORD'S TAVERNERS
Giving young people a sporting chance



All funds raised will go to the Lord's Taverners
(Registered Charity No.: 306054 OSCR No.: SCO46238)
& The Change Foundation (Registered Charity No.: 1046047).
For full Ts & Cs, please see either website.